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Yoga Philosophy Class



Maggie completed her BA (Hons) in Classics and

Philosophy in 1991 at the University of King's College. She spent the next 10 years studying Eastern philosophy on her own before meeting her teachers in India in 2001. Since that time, she has been studying the Yoga Sutras, Vedic Chanting, and Ayurveda.

She shares her knowledge of these subjects in classes, teacher trainings, public workshops,

and one-on-one. She also teaches chanting. If you want to study these subjects more deeply, you are encouraged to contact Maggie ^[1] about studying one-on-one (in person or online) as she herself has been trained in Chennai, India. For people not located in Vancouver, she has started teaching online lessons via Zoom.

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Links

[1] <mailto:maggie@yogatherapyinternational.com>

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